

Designing Your Vision with Cataract Surgery

Your lifestyle and personal goals influence your decisions during cataract surgery. Please review the following three steps and indicate your preference for each step.

Step 1: Choose your refractive strategy: multifocal presbyopic correction, or monofocal correction.

Step 2: Choose your monofocal lens path: Distance, Middle, or Near

Step 3: Choose whether or not you want to manage astigmatism.

Some of your choices are covered by your insurance. Elective choices that are paid for separately are noted with a (\$) sign.

Step 1: Choose your refractive strategy (check one)

Single focus correction: The single focus lens is the standard lens that is covered by your insurance. It performs optimally at a distance chosen by you. If you choose monofocal correction, you can decide in Step 2 whether the Distance, Middle, or Near Path suits your needs the best.

(\$\$) Presbyopic Correction with Multifocal Lens: About 25% of patients are potential candidates for presbyopic correction. If you are interested in exploring this we will let you know if you are a good candidate. In the event that you are not a candidate for multifocal technology, please indicate your preferred monofocal path in Step 2 below.

Step 2: Choose your path (check one)

Distance: Choose the Distance Path if you are most interested in sports or outdoor activities such as hiking, or want to prioritize your vision for driving with as little correction as possible. You will need to wear glasses to read.

Middle: The Middle Path is ideal for social activities and household tasks. You may be able to do some reading without glasses, but may find that you have to hold things at arms length to see well. You may be able to use a computer and smartphone without glasses. Glasses may be helpful for driving, but may not always be necessary. The middle path provides the best correction for daily general purpose vision.

Near: The Near Path is best for reading or computer use and crafts. You will need glasses to drive or watch a movie.

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Step 3: Consider Astigmatic Correction (check one)

Choose whether or not to manage your astigmatism **(\$)**. Astigmatism is due to a difference in curvature of the cornea between the vertical and horizontal dimensions. Management of astigmatism has the potential to significantly enhance your vision after cataract surgery. Methods of astigmatism correction include the Femtosecond Laser (low astigmatism) and Toric Lenses (medium to high astigmatism). Some people benefit more than others from astigmatic correction. During your preoperative evaluation, we will counsel you regarding how important astigmatic correction might be for you.

- (\$) Astigmatic correction**
- No astigmatic correction** (you may need glasses to refine astigmatism).

For more information on designing your vision, femtosecond laser assisted cataract surgery, and advanced technology including multifocal and the toric astigmatic lens, please visit www.chriskuntzmd.com.

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Refractive Questionnaire

Identification

1. What is or was your profession? _____
2. What are your most important activities or hobbies?

3. How often do you wear glasses? All of the time Some of the time Never
4. What do you need glasses for? Everything Nothing Driving Reading
5. Have you ever worn contact lenses? Yes No
6. Have you ever used monovision or bifocal contact lenses? Yes No
7. Do you want to wear glasses after cataract surgery? Yes No
8. Do you drive? Yes No
9. Do you have astigmatism? Yes No
10. Have you had refractive surgery (LASIK, PRK, RK)? Yes No
12. Check the statement that best fits you:
 - People say I am easygoing
 - People say I am very particular
 - People say I am pretty middle of the road
13. If you could only do one thing without glasses after cataract surgery, what would it be?
 - Drive, play tennis, or ski
 - Work on a computer and do general household tasks
 - Read fine print and perform detailed tasks at near

Notes:
